

# Pima County Junior Soccer League (PCJSL) COVID-19 Additional Recommendations

PCJSL recommends all member clubs practicing and playing in Pima County follow the included Arizona Soccer Association (ASA) Return-To-Play Guidelines. All training and game activities should follow the ASA Return-To-Play Guidelines and the current Phase as identified by ASA at the time of the training or game event.

In addition to the ASA Return-To-Play Guidelines and to clarify certain aspects, PCJSL recommends the following, some of which are repeated from the ASA document (*Italics*) while we are in Phase III as defined by ASA as of the date on this document.

## **COVID Club Representative:**

- PCJSL recommends every member club determine a COVID Club Representative.

## **Field usage:**

- Observe City and County total participants per field rules, as of this document date
  - City - 30 per field
  - County - 50 per field
  - Kino - 50 per field

## **Player Recommendations:**

- *Hand sanitizer will need to be added to items brought to practice and carried in soccer bags. Players are asked to sanitize their hands prior to exiting their cars. They are asked to sanitize their hands at every water break and at the end of practice before returning to their vehicle.*
- Face masks/shields should be added to the practice uniform. Each player will need to have their own mask. Players are asked to wear a mask as they walk to the practice field and as they exit the practice field to return to their car. Players are not required to wear a mask while on the field practicing. Players should place mask on when not actively on the practice field when social distancing cannot be observed. Players should use a clean or new mask for each practice.
- *Physical Distancing of 6 feet will need to be observed. Players will need to maintain a safe distance from other players when applicable such as placement of soccer bags, water breaks, and team talks.*
- *Early dismissal from the practice. A player will be asked to go home early if they are not feeling well or exhibit potential symptoms.*
- *Stay home if a player does not feel well and/or exhibits symptoms.*

## **Coach Recommendations:**

- Coaches should wear masks when they are coaching and around players. Coaches should use a clean or new mask for each practice.
- *Hand sanitizer must also be a part of the coach's coaching equipment and frequently applied throughout the practice.*
- *Coaches should observe all ASA protocols for return to play and they must stress the importance of players following the Player's and Parent's protocols.*
- *Stay home if a coach does not feel well and/or exhibits symptoms.*

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## Parent Recommendations:

- When waiting for their player(s), parents must wear masks per Pima County Mandate.
  - <https://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=600833>
- *When waiting for their player(s), parents must observe social distancing.*
- *Parents are not allowed to observe practices from the sideline. Parents should remain in the parking lot or vehicle during practices to control the number of individuals on the field.*
  - 2009 and younger - parents can walk their player(s) to and from the practice field but should observe social distancing and if possible remain away or off the immediate field area. Parents must wear masks when walking their player(s) to the practice field.
  - 2008 and older - parents are should not walk their player(s) to and from the practice field to reduce the number of individuals on the immediate field area.
- *Parents should take the temperature of their player(s) prior to training to evaluate their condition.*
- Parents should report to their player's COVID Club Representative if their player has tested positive for COVID-19 or has been exposed as above
- When a player has tested negative, a copy of the test results should be submitted to their COVID Club Representative before the player can return to training.

## Quarantine Recommendations:

- Individual - If a player has been exposed to a person with COVID-19 for **more than 15 consecutive minutes and from less than 6 feet**, they should not be allowed to practice until they meet one of the following criteria.
  - The player should self-quarantine for 14 days and be symptom-free.
  - The player may be allowed back to practice if they test negative for infection. A copy of the official results should be submitted to the COVID Club Representativ for verification.
- Team - In the event of a team member testing positive for COVID-19 and the infected person has exposed other team members for **more than 15 consecutive minutes from less than 6 feet**, the team is to implement the following steps.
  - Players that have been exposed for more than 15 minutes and from less than 6 feet should also be quarantined and or be tested for infection.
  - The remaining team members will not be quarantined but will be expected to self-observe for symptoms.

The Quarantine Recommendations section above is based on the recommendations from the CDC. Resources are listed below for reference.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/youth-sports.html>

<https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

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## Enforcement

- A club reported in violation of these recommendations will be given one warning
- A second report of violation will trigger a D & R type hearing with the possibility of the club's use of the Field being removed
- Each member of the PCJSL Board will have the ability to report violations
- Each PCJSL Club President will have the ability to report violations
- Each PCJSL Club President can name one additional club member that will have the ability to report violations - This person must be identified in advance to the PCJSL Vice President, Detlef Lange.
- Violations will be reported to the PCJSL Vice President, Detlef Lange.