



PCJSL Coach's Meeting



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Topics

- PCJSL Policy/Changes
 - Cast policy
 - Lanyard policy
 - Substitution policy (U9 – U12)
 - Rate A Ref policy
 - Mercy Rule policy
- 2019/2020 LOTG Changes



PCJSL Policy/Changes

○ **Casts**

- Allowed starting this year
- Padded with a closed-cell slow recovery foam padding no less than ½ inch thick

○ **Lanyards**

- Maximum of three (3) in your technical area
- No lanyard = no game

○ **Substitutions**

- Compliant with new Law 3 change



PCJSL Policy/Changes

○ **Rate A Ref**

- Google form this year – still being developed
- “Required” after every game
- PLEASE help me know “the good, the bad and the ugly”

○ **Mercy Rule**

- 8 Goal differential at half time or at any point in the second half
- Both coaches must agree to continue



LOTG Changes

- Affecting a ton of things this year
 - Start of the game – Law 8
 - Substitutions – Law 3
 - Handling – Law 12
 - Ball hits the referee – Law 9
 - Restarts (drop ball) – Law 8
 - Card the “senior” coach – Law 5
 - Goal kick – Law 16



LOTG Changes

- Law 3 – Players

- <https://vimeo.com/351057229>

- Subs off on nearest boundary line



LOTG Changes

- Law 5 – Referee
 - <https://vimeo.com/351058296>

- Card “senior” coach if unknown



LOTG Changes

- Law 8 – Start and Restart of Play
 - <https://vimeo.com/351061732>
 - <https://vimeo.com/351061336>

- Coin toss at start of game – choice now
- Drop ball restart – not contested anymore
 - Restart depends on where it occurred



LOTG Changes

- Law 9 – Ball in and out of Play
 - <https://vimeo.com/351061835>

- Drop ball if ball hits referee and...
 - Goal is scored
 - Changes possession
 - Starts a promising attack



LOTG Changes

- Law 12 – Fouls and Misconduct
 - <https://vimeo.com/351063618>

- Handling
 - Defines deliberate handling
 - Doesn't allow goal for unintentional use of hands
 - Body in natural position



LOTG Changes

- Law 13 – Free Kick
 - <https://vimeo.com/351066126>
 - <https://vimeo.com/351066411>

- Restart in penalty area
- 3 or more players in the wall – Attackers not within 1 m



LOTG Changes

- Law 14 – Penalty Kick
 - <https://vimeo.com/351067372>

- Keeper...
 - Can't rock posts, pull net, etc before kick
 - Must have at least one foot on the line



LOTG Changes

- Law 16 – Goal Kick
 - <https://vimeo.com/351070409>

- Ball in play when kicked...doesn't have to leave the penalty area anymore
- Defenders...outside or not interfering



Review

- You have a choice now at the coin toss to kick-off or decide which side of the field you want to defend?
 - True
 - False



Review

- Someone from your team on the bench yells out “You suck, referee”. The referee can give the head coach in the technical area a yellow or if appropriate red card if they can’t identify who the person was?
 - True
 - False



Review

- When you make a substitution, the player being substituted is required to leave the field at the nearest boundary line, unless directed by the referee?
 - True
 - False



Review

- When the referee restarts the game with a drop ball, all other players (even teammates) must be 4 meters away?
 - True
 - False
- Who gets the ball on a drop ball? – It depends on location of restart...



Review

- There is no such thing as a contested drop ball anymore?
 - True
 - False



Review

- With 3 or more defenders in the wall on a free kick, the attacking team can be no closer than 1 meter/yard?
 - True
 - False



Questions

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